

WEE CARE - SNACK MENU

Schedule		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W e e k 1	AM	Whole Wheat English Muffins with Cream Cheese and Pineapple Milk or Water	Assorted Cereal with 2% Milk served with Blueberries Milk or Water	Waffles with Maple Syrup and Sliced Bananas Milk or Water	Homemade Cheese Tea Biscuits with Organic Pears Slices Milk or Water	Fruit Cocktail and Toast with Butter Milk or Water
	PM	Vanilla Yogurt with Arrowroot Cookies Water	Veggie Straws with Cubed Cheese Water	Homemade Trail Mix with Cantaloupe Water	Assorted Fresh Veggies with Ranch Dip and Soda Crackers Water	Cinnamon Raisin Bread with Organic Apple Slices Water
W e e k 2	AM	Toasted Cinnamon Raisin Bread with Organic Orange Slices Milk or Water	Apple Turnovers with Bananas Milk or Water	Assorted Cereal with 2% Milk and Blueberries Milk or Water	Homemade Blueberry Bran Muffins with Honeydew Melon Milk or Water	Whole Wheat Bagels with Fruit Jam and Organic Apple Slices Milk or Water
	PM	Apple Slices and WOWbutter or Cream Cheese Dip Water	Fig Newtons and Grapes Water	Graham Wafers with Cream Cheese or Jam Organic Bananas Water	Pretzels and Organic Pear Slices Water INFANTS: Oat Bran Bars	Breadsticks and Hummus Cucumber Slices Water
W e e k 3	AM	Assorted Nutrigrain Bars and Apple Sauce Milk or Water	Assorted Cereal with 2% Milk and Blueberries Milk or Water	Mini Croissants with Fruit Jam and Orange Slices Milk or Water	Vanilla Yogurt with Granola and Pineapple Milk or Water	Pancakes with Maple Syrup and Peaches Milk or Water
	PM	Rice Cakes with Cucumbers Water	Cheese and Crackers with Organic Apple Slices Water	Apple Sauce and Arrowroot Cookies Water	Homemade Fruit and Oat Bars with Organic Bananas Water	Oatmeal Cookies and Orange Slices Water
W e e k 4	AM	Whole Wheat Cinnamon Toast with Apple Sauce Milk or Water	Homemade Banana Bread with Honeydew Melon Milk or Water	Assorted Cereal with 2% Milk served with Blueberries Milk or Water	Whole Wheat Bagels with Fruit Jam and Mandarin Oranges Milk or Water	Waffles with Maple Syrup and Sliced Bananas Milk or Water
	PM	Graham Wafers with Cream Cheese and Fruit Jam and Pear Slices Water	Homemade Trail Mix with Organic Apple Slices Water	Breadsticks and Hummus with Cucumber Slices Water	Goldfish Crackers with Cantaloupe Water	Vanilla Yogurt with Arrowroot Cookies Water